

Help Prevent Teen Abuse of Prescription Drugs

Abusing prescription medications is dangerous and can cause dependence, slower brain activity, irregular heartbeats, dangerously high body temperature, heart failure or seizures

The easiest way for teens to obtain prescription drugs is from their parents or friends' medicine cabinets!

Get the Facts:

- Every day 2,700 teens try prescription drugs to get high for the first time.
- For today's teens prescription drugs are easier to get than beer.
- 1 in 3 report being offered prescription or over-the-counter drugs for the purpose of abuse
- Emergency room visits increased 300% for teens abusing prescription drugs between 1995 and 2005.
- In Holliston 12% of high school students report using prescription drugs that were not prescribed to them. Many also report use in combination with alcohol.

Secure your medications at home

Get rid of what you don't use:

To safely dispose of medications at home, remove medication from bottle or package and mix in a bag with kitty litter or coffee grounds and throw in the trash-
DO NOT FLUSH down the toilet or drain.

Talk to Your Kids! You can impact their behavior

For more information:

www.theantidrug.com

<http://www.drugfree.org/notinmyhouse/experts.aspx>

Sponsored by: Holliston Youth Substance Abuse Prevention Initiative,
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